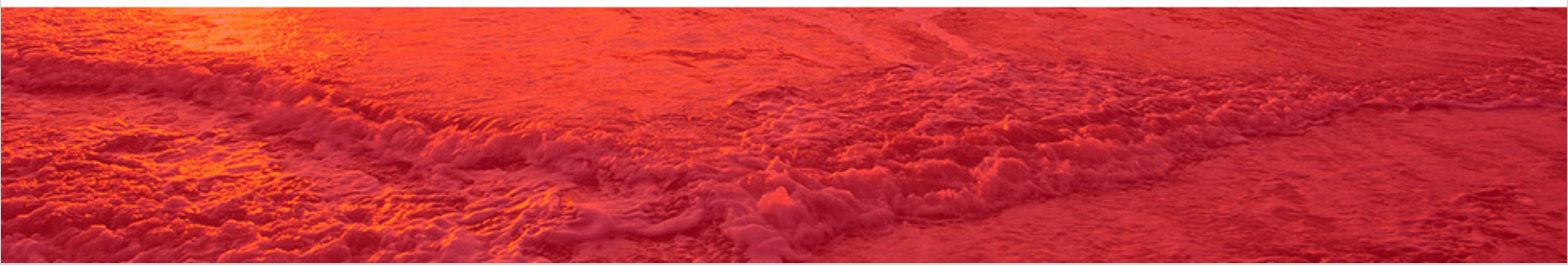


WEEK OF PRAYER



CALVARY CHAPEL
SAN CLEMENTE

visit prayer.calvarysancllemente.org for a schedule of events

When we pray as the Scriptures teach us to pray, we learn that prayer is a relationship of dependence. It is a child communicating with his or her heavenly Father.

Judson Cornwall

HOW TO USE THIS GUIDE

Each day we will have specific themes to pray for. We will also include scripture readings to reflect on and pray over.

Prayer meetings are scheduled for the entire week. Visit events.calvarysancllemente.org for a list of times and locations of prayer meetings. We also encourage you to form prayer groups at work, home, at coffee shops and with friends.

For those who are being led to fast during this time, a section on fasting has been provided.

I've also included some helpful models to help you structure your times of prayer.

HOW TO PRAY FOR ONE HOUR

(Spend 6 minutes on each area)

1. **WORSHIP...** sing 2 songs of worship
2. **PRAY FOR AWAKENING...**
pray for revival in South Orange County
3. **PRAY FOR GOD'S WILL TO BE DONE...**
pray specifically for work, home, relationships
4. **PRAY FOR NEEDS**
5. **ASK FOR FORGIVENESS**
ask God on behalf of yourself and others
6. **PRAY FOR MINISTRIES...**
at church and around the world
7. **PRAY FOR FREEDOM...**
pray for those who are addicted
8. **PRAY FOR SALVATION...**
pray for friends and loved ones
9. **PRAISE GOD FOR WHAT HE IS DOING...**
Changed lives, renewed marriages, restored families
10. **WRITE DOWN WHAT GOD SPEAKS**
keep a journal to write down thoughts, scriptures, prophetic words that God gives you during your time of prayer

The boundaries of our personal prayer lives often have less to do with biblical restrictions and more to do with the limitations we place on them. Limitations such as guilt, or perhaps dwelling on the kinds of prayers we feel God is interested in answering, often shackle our prayers or cause us to abandon praying altogether.

Adam Stadtmiller

ACTS MODEL OF PRAYER

(Spend 15 minutes on each area)

A-ADORATION. This happens when we praise Him, from our hearts, for how wonderful He is. The book of Psalms mentions praise 125 times. We all like to be praised because we are all created in God's image. God loves it when we praise Him.

Psalm 150:6 Let everything that has breath praise the Lord. Praise the Lord!

C-CONFESSION. Take one minute of quiet prayer in your heart to confess your sins and start off your prayer time with a clean slate.

1 John 1:9 If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

T-THANKSGIVING. Spend at least one minute in prayer thanking the Lord for at least 3 things in your life. Again, we like to be thanked for good things we have done and so does God.

Psalm 95:2 Let us come before His presence with thanksgiving.

S-SUPPLICATION. This is a time of making requests before God. He loves it when we ask Him for things according to His will. He longs to bless us.

Philippians 4:6-7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

DAILY SCHEDULE

The essence of prayer is simply talking to God as you would to a beloved friend—without pretense or flippancy.

John MacArthur

DAY 1: SUNDAY

8:00 / 10:00 AM Sunday Morning Services

THEME: THE CHURCH

Pray for South Orange County Churches, San Clemente Churches, Calvary Chapel Churches and Pastors and Leaders.

WHAT TO PRAY FOR:

1. Pray for God's blessing on churches
2. Pray for protection on Pastors, their ministries and their families
3. Pray for each Pastor to have a love for God's Word
4. Pray for growth through evangelism
5. Pray for churches to experience revival

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SCRIPTURES

2 Thessalonians 3:1–2 (NKJV)

Finally, brethren, pray for us, that the word of the Lord may run swiftly and be glorified, just as it is with you, and that we may be delivered from unreasonable and wicked men; for not all have faith.

Colossians 4:2–4 (NKJV)

Continue earnestly in prayer, being vigilant in it with thanksgiving; meanwhile praying also for us, that God would open to us a door for the word, to speak the mystery of Christ, for which I am also in chains, that I may make it manifest, as I ought to speak.

Hebrews 13:18 (NKJV)

Pray for us; for we are confident that we have a good conscience, in all things desiring to live honorably.

Acts 20:26–28 (NKJV)

Therefore I testify to you this day that I am innocent of the blood of all men. For I have not shunned to declare to you the whole counsel of God. Therefore take heed to yourselves and to all the flock, among which the Holy Spirit has made you overseers, to shepherd the church of God which He purchased with His own blood.

DAILY SCHEDULE

Churches can run without prayer. Whole denominations can run without prayer. The question is: Is what they're doing worth doing if they can do it without prayer? I don't think so.
Ben Patterson

DAY 2: MONDAY

7:00 AM Prayer Week Prayer Meeting

THEME: FAMILY

Pray for families, kids and youth

WHAT TO PRAY FOR:

1. God's blessing on families and marriages
2. Families that are struggling due to divorce and separation
3. Families with special needs kids and loved ones with mental illness
4. Pray for loved ones to come to Christ

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SCRIPTURES

Ephesians 6:1-4 (NKJV)

Children, obey your parents in the Lord, for this is right. "Honor your father and mother," which is the first commandment with promise: "that it may be well with you and you may live long on the earth." And you, fathers, do not provoke your children to wrath, but bring them up in the training and admonition of the Lord.

Matthew 19:4-6 (NKJV)

And He answered and said to them, "Have you not read that He who made them at the beginning 'made them male and female,' and said, 'For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh'? So then, they are no longer two but one flesh. Therefore what God has joined together, let not man separate."

Malachi 4:6 (NKJV)

And he will turn The hearts of the fathers to the children, And the hearts of the children to their fathers, Lest I come and strike the earth with a curse.

1 Peter 5:5 (NKJV)

Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for "God resists the proud, But gives grace to the humble."

DAILY SCHEDULE

Prayer is a sincere, sensible, affectionate pouring out of the heart or soul to God, through Christ, in the strength and assistance of the Holy Spirit, for such things as God hath promised, or according to the Word, for the good of the church, with submission, in faith, to the will of God.

John Bunyan

DAY 3: TUESDAY

7:00 AM Men's Prayer Meeting

THEME: GOVERNMENT

Prayer for the City, State and Nation

WHAT TO PRAY FOR :

President, Vice President,
U.S. Senate, U.S. Congress
California Governor
California Assembly, California Senate
Supreme Court Justices
San Clemente Mayor, City Council
San Clemente Chief Of Police

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SCRIPTURES

1 Timothy 2:1-2 (NKJV)

Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence.

Jeremiah 29:7 (NKJV)

And seek the peace of the city where I have caused you to be carried away captive, and pray to the LORD for it; for in its peace you will have peace.

Romans 13:1 (NKJV)

Let every soul be subject to the governing authorities. For there is no authority except from God, and the authorities that exist are appointed by God.

2 Chronicles 7:14-15 (NKJV)

if My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land. Now My eyes will be open and My ears attentive to prayer made in this place.

Deuteronomy 16:18-20 (NKJV)

“You shall appoint judges and officers in all your gates, which the Lord your God gives you, according to your tribes, and they shall judge the people with just judgment. You shall not pervert justice; you shall not show partiality, nor take a bribe, for a bribe blinds the eyes of the wise and twists the words of the righteous. You shall follow what is altogether just, that you may live and inherit the land which the Lord your God is giving you.

DAILY SCHEDULE

If we want to meet with God, we have to set aside time.

Stephen D. Eyre

DAY 4: WEDNESDAY

7:00 AM Prayer Week Prayer Meeting

7:00 PM Afterglo

THEME: HEALING

Prayer for Healing, Addictions, Salvation

WHAT TO PRAY FOR :

1. Pray for those who need physical healing
2. Pray for those who struggle with addiction
3. Pray for those who struggle with mental illness
4. Pray for the homeless
5. Pray for the oppressed poor
6. Prayer for those who have experienced traumatic events

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SCRIPTURES

James 5:14, 15 (NKJV)

Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven.

Psalm 107:19-20 (NKJV)

Then they cried out to the Lord in their trouble, And He saved them out of their distresses. He sent His word and healed them, And delivered them from their destructions.

Exodus 23:25-26 (NKJV)

“So you shall serve the Lord your God, and He will bless your bread and your water. And I will take sickness away from the midst of you. No one shall suffer miscarriage or be barren in your land; I will fulfill the number of your days.

Isaiah 53:4-5 (NKJV)

Surely He has borne our griefs And carried our sorrows; Yet we esteemed Him stricken, Smitten by God, and afflicted. But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, And by His stripes we are healed.

1 Peter 2:24-25 (NKJV)

who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed. For you were like sheep going astray, but have now returned to the Shepherd and Overseer of your souls.

DAILY SCHEDULE

Prayer is communication between people on the earth and God in heaven.

Judson Cornwall

DAY 5: THURSDAY

7:00 AM Prayer Week Prayer Meeting

6:00 PM Let Us Pray Prayer Meeting

7:00 PM Night of Prayer and Worship

THEME: CALVARY SAN CLEMENTE

Prayer For Calvary Chapel San Clemente, the leaders, the ministries and the people

WHAT TO PRAY FOR :

1. Pray for the Senior Pastor, wife and family
2. Pray for the Church Board and their families
3. Pray for the Volunteer Ministers and their families
4. Pray for Chaplains and their families
5. **Pray for Assisting and Associate Pastors and their families**

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SCRIPTURES

1 Timothy 4:7 (NKJV)

Let the elders who rule well be counted worthy of double honor, especially those who labor in the word and doctrine

Hebrews 13:17 (NKJV)

Obey those who rule over you, and be submissive, for they watch out for your souls, as those who must give account. Let them do so with joy and not with grief, for that would be unprofitable for you.

1 Thessalonians 5:12-13 (NKJV)

And we urge you, bretheren, to recognize those who labor among you, and are over you in the Lord and admonish you, and to esteem them very highly in love for their work's sake. Be at peace among yourselves.

Jeremiah 3:15 (NKJV)

And I will give you shepherds according to My heart, who will feed you with knowledge and understanding

1 Timothy 5:17-18 (ESV)

Let the elders who rule well be considered worthy of double honor, especially those who labor in preaching and teaching. For the Scripture says, "You shall not muzzle an ox when it treads out the grain," and, "The laborer deserves his wages."

DAILY SCHEDULE

We cannot do the saints a greater kindness, or exercise our love for them in a more practical and effective way, than by praying for them.

Arthur W. Pink

DAY 6: FRIDAY

7:00 AM Prayer Week Prayer Meeting

THEME: MISSIONS

Prayer For The Body Of Christ Globally: Missions and Missionaries, Persecuted Church, Believers Everywhere

WHAT TO PRAY FOR:

1. Pray for local missions supported by Calvary Chapel San Clemente
2. Pray for global missions supported by Calvary Chapel San Clemente
3. Pray for Love San Clemente

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SCRIPTURES

Acts 1:8 (NKJV)

But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.”

Matthew 28:18–20 (NKJV)

And Jesus came and spoke to them, saying, “All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.” Amen.

1 Chronicles 16:23–24 (NKJV)

Sing to the LORD, all the earth; Proclaim the good news of His salvation from day to day. Declare His glory among the nations, His wonders among all peoples.

Isaiah 52:7 (NKJV)

How beautiful upon the mountains Are the feet of him who brings good news, Who proclaims peace, Who brings glad tidings of good things, Who proclaims salvation, Who says to Zion, “Your God reigns!”

Colossians 3:14–15 (NKJV)

But above all these things put on love, which is the bond of perfection. And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful.

DAILY SCHEDULE

And he said, "Please, show me Your glory."

Moses

DAY 7: SATURDAY

7:00 AM Prayer Week Prayer Meeting

THEME: REVIVAL

Prayer for a Revival in the Church and Awakening among the nations

WHAT TO PRAY FOR:

1. Pray for spiritual blindness to be bound
2. Pray for the revelation of God's love and grace to be released in our nation
3. Pray for a fresh outpouring of God's Spirit
4. Pray for the souls of men, for the lost
5. Pray for the prodigals to return to the Lord

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SCRIPTURES

Isaiah 58:6-12 (NKJV)

"Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke? Is it not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh? Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; You shall cry, and He will say, 'Here I am.' "If you take away the yoke from your midst, The pointing of the finger, and speaking wickedness, If you extend your soul to the hungry And satisfy the afflicted soul, Then your light shall dawn in the darkness, And your darkness shall be as the noonday. The Lord will guide you continually, And satisfy your soul in drought, And strengthen your bones; You shall be like a watered garden, And like a spring of water, whose waters do not fail. Those from among you Shall build the old waste places; You shall raise up the foundations of many generations; And you shall be called the Repairer of the Breach, The Restorer of Streets to Dwell In.

Psalms 85:4-7 (NKJV)

Restore us, O God of our salvation, And cause Your anger toward us to cease. Will You be angry with us forever? Will You prolong Your anger to all generations? Will You not revive us again, That Your people may rejoice in You? Show us Your mercy, LORD, And grant us Your salvation.

INSTRUCTIONS FOR FASTING

Those who have left the deepest impression on this sin-cursed earth have been men and women of prayer. You will find that PRAYER has been the mighty power that has moved not only God, but man.
D.L. Moody

At Calvary Chapel, we give the first fruits of our year to the Lord through prayer and fasting. We call it PRAYER WEEK. I believe if we honor God, He will honor us. God gave us a pattern for Kingdom living in Matthew 6. Three areas that release God's blessing (rewards) into our lives. Giving, Praying and Fasting. Jesus said when you give, when you pray and when you fast. He made it clear that this was what normal Christian life is. When you give in secret, the Lord rewards you openly. When you pray in secret, the Lord answers you openly. When you fast in secret, the Lord rewards you openly.

WHAT IS FASTING?

Fasting is voluntarily going without food or any other regularly enjoyed activities for the purpose of seeking God. Fasting allows us to prioritize prayer and listening to God's voice.

There are several types of fasting. The one you choose is between you and God.

FULL FAST: Drink only liquids (you establish the number of days).

THE DANIEL FAST: Eat no meat, no sweets and no bread. Drink water and juice. Eat fruits and vegetables. This fast was done by Daniel for 21 days and comes from Daniel 10:3.

3-DAY FAST: This fast can be a Full Fast, Daniel Fast or give up at least one item of food.

PARTIAL FAST: A partial fast is from 6:00 am to 3:00 pm or from sun up to sundown. You can select from three types of fasting —a Full Fast, Daniel Fast or give up at least one item of food.

MEDIA FAST: A media fast is a fast from all forms of media... facebook, television, movies, computer based games, tablets, smartphones.

HERE ARE A FEW PRACTICAL TIPS:

- If you have health issues, please check with your doctor before attempting a fast to make sure it is medically safe.
- While you are fasting, limit your physical activity
- Plan what you're going to do when you're not eating such as prayer, Bible reading, write in your prayer journal
- Consider how fasting will affect others such as regular lunches with friends and let them know ahead of time your normal plans will change for a number of days.
- Prepare yourself mentally for emotional discomfort and mood swings such as impatience, crankiness and anxiety.
- The first two or three days are the hardest. They can be accompanied by headaches, tiredness, weakness, cravings for food, sleeplessness, dizziness.
- Break an extended fast gradually with fruit such as watermelon, soups and salads.
- Remember, if you're not praying and seeking the Lord you're not fasting, you're just going hungry

SCRIPTURE REFERENCES FOR FASTING

Matthew 6:16–18 (NKJV)

“Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.

Matthew 9:14–15 (NKJV)

Then the disciples of John came to Him, saying, “Why do we and the Pharisees fast often, but Your disciples do not fast?” And Jesus said to them, “Can the friends of the bridegroom mourn as long as the bridegroom is with them? But the days will come when the bridegroom will be taken away from them, and then they will fast.

Isaiah 58:6–10 (NKJV)

“Is this not the fast that I have chosen: To loose the bonds of wickedness, To undo the heavy burdens, To let the oppressed go free, And that you break every yoke? Is it not to share your bread with the hungry, And that you bring to your house the poor who are cast out; When you see the naked, that you cover him, And not hide yourself from your own flesh? Then your light shall break forth like the morning, Your healing shall spring forth speedily, And your righteousness shall go before you; The glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer; You shall cry, and He will say, ‘Here I am.’ “If you take away the yoke from your midst, The pointing of the finger, and speaking wickedness, If you extend your soul to the hungry And satisfy the afflicted soul, Then your light shall dawn in the darkness, And your darkness shall be as the noonday.

Ezra 8:23 (NKJV)

So we fasted and entreated our God for this, and He answered our prayer.

Joel 2:12–13 (NKJV)

“Now, therefore,” says the LORD, “Turn to Me with all your heart, With fasting, with weeping, and with mourning.” So rend your heart, and not your garments; Return to the LORD your God, For He is gracious and merciful, Slow to anger, and of great kindness; And He relents from doing harm.

1 Corinthians 7:5 (NKJV)

Do not deprive one another except with consent for a time, that you may give yourselves to fasting and prayer; and come together again so that Satan does not tempt you because of your lack of self-control.

Judges 20:26 (NKJV)

Then all the children of Israel, that is, all the people, went up and came to the house of God and wept. They sat there before the Lord and fasted that day until evening; and they offered burnt offerings and peace offerings before the Lord.

Joel 1:14 (NKJV)

Consecrate a fast, call a sacred assembly; Gather the elders and all the inhabitants of the land into the house of the Lord your God, and cry out to the Lord.

SUNDAY MORNING SERVICES:

CALVARY CHAPEL SAN CLEMENTE
Vista Del Mar School
1130 Avenida Talega
San Clemente, CA. 92673

PRAYER LOCATION:

CALVARY CHAPEL SAN CLEMENTE
1031 Calle Recodo, Suite C
San Clemente, CA. 92673



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